



Mentor / Mentee Agreement Form

Mentor name: _____

Mentee name: _____

Date: _____

As your mentor I agree to:

- Give advice and guidance, share ideas, and provide feedback
- Provide insight and experience that relate to helping you achieve your goals
- Be a continuous source of encouragement and support
- Act as a sounding board for ideas/concerns and provide insights into possible opportunities
- Identify resources, networks and contacts that will be of assistance
- When appropriate, play devil's advocate to help you think through important decisions and strategies
- Give input to your action plans following each meeting

As your mentee I agree to:

- Focus on exactly what I want to get out of the mentoring relationship
- Be open to and seek feedback
- Approach each mentoring session with an open mind to new ideas
- Take an active role in my own learning and implement ideas
- Be curious and ask questions
- Be prepared for each mentoring session
- Follow through on any agreed actions from our sessions

Our goals for this mentoring relationship are



S O U R D O U G H
B U S I N E S S P A T H W A Y S

All information shared, ideas discussed and any other content covered in our mentoring sessions will be treated as 'business in confidence' by both parties.

Mentoring sessions – tick one:

<input type="checkbox"/>	One off session
<input type="checkbox"/>	1 or 2 discussions/meetings
<input type="checkbox"/>	3-4 discussions/meetings
<input type="checkbox"/>	Regular discussions/meetings over a 3 month period
<input type="checkbox"/>	Other – Please specify

Date:

Mentor signature:

Mentee signature:

Target completion date
